



# **Three Horseshoes**

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*Country Inn & Spa*

• EAT • SLEEP • SPA • MEET • LOVE • PARTY •

## **MENU**

## NIBBLES

**Grilled Flat Bread** with Garlic Butter, Hummus, Pesto or Harissa. £4.20

**House Vegetable Crisps** Goats Cheese Mousse £3.25

**Cray Fish "Popcorn"** Marie Rose £3.75

**Picante Green Olives** £2.95

**Cheese & Ham Toasties** £3.25

## TO START

**Soup of the Day**, Crusty White Bread £5.45

**Wild Mushroom, Bacon & Caramelised Onion Tart**, Waldorf Salad £5.95

**Classic Prawn & Crayfish Cocktail**, Avocado, Granary Bread, Lime & Cucumber £6.50

**Salad of Heritage Tomatoes**, Ribbersdale Goats Curd & Basil £5.50

**Cider & Pancetta Steamed Mussels**, Charred Sourdough £6.25

**Chicken Liver Pate**, Apricot Jam, Pickled Cranberries, Toasted Brioche £5.60

**Chicken Ceaser Salad** £5.95 / £11.95

## SANDWICHES

Served in Granary Bread, with Root Vegetable Crisps *(available until 5 p.m.)*

**Hot Roast Meat of the Day** *(available 12-2)* £6.75

**Maple Roasted Ham**, Tomato & Wholegrain Mustard £6.70

**Free Range Egg Mayonnaise**, Chives £6.20

**Smoked Salmon**, Cucumber, Dill Crème Fraîche £7.10

**Slow Roasted Topside of Beef**, Watercress & Caramelised Onion £6.75

## ROAST

### Carvery Roast

*(Monday – Saturday Lunch Times 12 – 2 Saturday Evenings 6 – 8.30 Sunday All Day 12 – 8.30)*

Local Roast served with a selection of fresh market vegetables, potatoes and all the trimmings

*(Gluten free Gravy available on Request)*

Small £6.75    Regular £10.95    Go Large £13.95

**Roasted Topside of Longhorn Beef** *(Available Mon – Fri Evenings)*

Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables £10.95

**Meat Free Roast** All your favourite Roast Dinner Vegetables & Vegetarian Gravy £7.95

**Senior Citizen Lunch Offer** Small Carvery Roast & Selected Dessert *(Mon- Fri Lunchtimes. Excluding B/Hols)* £7.50

## FAVOURITES

### Longhorn Steak & Ale Pie

Peppered Greens, Triple Cooked Chips £12.00

### Maple Roasted Gammon

Charred Pineapple, Fried Duck Egg & Triple Cooked Chips £13.95

### Ale Battered Fish

Mushy Peas Triple Cooked Chips £12.95

### Risotto of English Peas & Broad Beans

Asparagus, Goats Curd (*Vegan Option Available*) £11.50

### Potato Gnocchi Ratatouille

Mozzarella, Basil & Heritage Tomatoes £11.75

## SIGNATURE

*(Available Monday - Saturday)*

### Rump of Cumbrian Lamb

Ragout of Peas & Beans, Confit Belly & Smoked Aubergine £17.95

### Fillet of Old Spot Pork

Sweet Corn, Charred Young Leek & Ham Hock Fritter £16.20

### Slowly Cooked Free Range Chicken "Two Ways"

Roasted Shallot, Summer Vegetable Broth £15.95

### Market Fish of the Day

See our Specials Menu for details £<sub>market price</sub>

## GRILL

**10oz Rib Eye Steak** £17.95

**8oz Sirloin Steak** £16.95

Aged for 35 Days, Served with Triple cooked Chips, Field Mushroom & Herb Roasted Tomato  
Peppercorn Sauce £2      Stilton Sauce £2      Garlic Butter £1      2 Duck Eggs £2

**4oz Longhorn Burger**, Cured & Smoked Pulled Brisket, Jack Cheese, Tomato Relish £11.75

**6oz Classic Burger**, Glazed Smoked Apple Wood Cheese, Crispy Bacon. £11.25

**Falafel Burger**, Cumin Spiced Mayonnaise, Cucumber & Coriander, Jack Cheese £10.95

All Burgers are served in a Glazed Brioche Bun with Lettuce, Tomato, Gherkin & Triple Cooked Chips

## SIDES

**Hand Cut Chips**                      £3.75

**Beer Battered Onion Rings**    £3.50

**Truffle Mash**                      £3.95

**Cabbage & Pancetta**    £3.75

**Honey Roasted Root Vegetables** £3.75

## TO FINISH

### Our Famous Syrup Sponge

& Birds Custard £4.85

### Artic Roll

Textures of English Strawberries, Clotted Cream Parfait & Lime £5.70

### Gateaux of English Cherry & 64% Manjari Chocolate

Yogurt, Caramelised White Chocolate Ice Cream £5.95

### Amelfi Lemon Meringue

Lemoncello Parfait £5.40

### Selection of British Cheeses

Smoked Lincolnshire Poacher, Burt's Blue & Blanche Goats Cheese  
served with Classic Accompaniments £6.45

### Movenpick Ice-cream

Vanilla, Chocolate, Strawberry, Carmelita or Mint Chocolate

2 Scoop £3.75

3 Scoop £4.95

*Gluten Free Desserts Available*

Ask about our selection of Dessert Wines & Ports available by the Glass

## HOT DRINKS

*All Our Coffees can be made with a decaffeinated bean*

<b>Coffee</b>	£2.50	<b>Latte</b>	£2.50
<b>Cappuccino</b>	£2.50	<b>Flavoured Latte</b>	£3.00
<b>Espresso</b>	£2.30	<b>Hot Chocolate</b>	£2.50
<b>Hot Chocolate &amp; Preferred Liqueur</b>	£5.50		
<b>Irish / Gaelic Coffee</b> <i>(Irish Whiskey)</i>	£5.50		
<b>Jamaican Coffee</b> <i>(Rum)</i>	£5.50		
<b>Calypso Coffee</b> <i>(Tia Maria)</i>	£5.50		
<b>Caribbean Coffee</b> <i>(Half Tia Maria &amp; Half Rum)</i>	£5.50		

**Traditional Breakfast Tea** £1.85

**Specialty Tea** £2.50

*Earl Gray; Assam; Pure Peppermint; Pure Camomile; Cranberry & Raspberry, Lemon & Ginger, Pure Green Tea*

## TREATS

**Blackshaw Cream Tea** £4.50

Homemade scone with Strawberry Jam and Clotted Cream, served with a tea of your choice.

**Fresh Baked Pastry** 75p

**Freshly Baked Cookie** 75p

Please ask for information on Allergens

Check with waiter as some dishes can be modified