



Three Horseshoes

Country Inn & Spa

• EAT • SLEEP • SPA • MEET • LOVE • PARTY •

MENU

NIBBLES

Grilled Flat Bread with Garlic Butter, Hummus, Pesto or Harissa. £4.20

House Vegetable Crisps Goats Cheese Mousse £3.25

Cray Fish "Popcorn" Marie Rose £3.75

Picante Green Olives £2.95

Cheese & Ham Toasties £3.25

TO START

Soup of the Day, Crusty White Bread £5.45

Wild Mushroom, Bacon & Caramelised Onion Tart, Waldorf Salad £5.95

Classic Prawn & Crayfish Cocktail, Avocado, Granary Bread, Lime & Cucumber £6.50

Salad of Heritage Tomatoes, Ribbersdale Goats Curd & Basil £5.50

Cider & Pancetta Steamed Mussels, Charred Sourdough £6.25

Chicken Liver Pate, Apricot Jam, Pickled Cranberries, Toasted Brioche £5.60

Chicken Caesar Salad £5.95 / £11.95

SANDWICHES

Served in Granary Bread, with Root Vegetable Crisps *(available until 5 p.m.)*

Hot Roast Meat of the Day *(available 12-2)* £6.75

Maple Roasted Ham, Tomato & Wholegrain Mustard £6.70

Free Range Egg Mayonnaise, Chives £6.20

Smoked Salmon, Cucumber, Dill Crème Fraîche £7.10

Slow Roasted Topside of Beef, Watercress & Caramelised Onion £6.75

ROAST

Carvery Roast

(Monday – Saturday Lunch Times 12 – 2 Saturday Evenings 6 – 8.30 Sunday All Day 12 – 8.30)

Local Roast served with a selection of fresh market vegetables, potatoes and all the trimmings

(Gluten free Gravy available on Request)

Small £6.75 Regular £10.95 Go Large £13.95

Roasted Topside of Longhorn Beef *(Available Mon – Fri Evenings)*

Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables £10.95

Meat Free Roast All your favourite Roast Dinner Vegetables & Vegetarian Gravy £7.95

Senior Citizen Lunch Offer Small Carvery Roast & Selected Dessert *(Mon- Fri Lunchtimes. Excluding B/Hols)* £7.50

FAVOURITES

Longhorn Steak & Ale Pie

Peppered Greens, Triple Cooked Chips £12.00

Maple Roasted Gammon

Charred Pineapple, Fried Duck Egg & Triple Cooked Chips £13.95

Ale Battered Fish

Mushy Peas Triple Cooked Chips £12.95

Risotto of English Peas & Broad Beans

Asparagus, Goats Curd (*Vegan Option Available*) £11.50

Potato Gnocchi Ratatouille

Mozzarella, Basil & Heritage Tomatoes £11.75

SIGNATURE

(Available Monday - Saturday)

Rump of Cumbrian Lamb

Ragout of Peas & Beans, Confit Belly & Smoked Aubergine £17.95

Fillet of Old Spot Pork

Sweet Corn, Charred Young Leek & Ham Hock Fritter £16.20

Slowly Cooked Free Range Chicken "Two Ways"

Roasted Shallot, Summer Vegetable Broth £15.95

Market Fish of the Day

See our Specials Menu for details £_{market price}

GRILL

10oz Rib Eye Steak £17.95

8oz Sirloin Steak £16.95

Aged for 35 Days, Served with Triple cooked Chips, Field Mushroom & Herb Roasted Tomato
Peppercorn Sauce £2 Stilton Sauce £2 Garlic Butter £1 2 Duck Eggs £2

Classic Burger, Glazed Smoked Apple Wood Cheese, Crispy Bacon. £11.25

Smoking Pig Burger, Longhorn Beef Burger, BBQ Pulled Belly Pork, Maple & Apple Relish £11.75

Falafel Burger, Cumin Spiced Mayonnaise, Cucumber & Coriander, Jack Cheese £10.95

All Burgers are served in a Glazed Brioche Bun with Lettuce, Tomato, Gherkin & Triple Cooked Chips

SIDES

Hand Cut Chips £3.75

Beer Battered Onion Rings £3.50

Truffle Mash £3.95

Cabbage & Pancetta £3.75

Honey Roasted Root Vegetables £3.75

TO FINISH

Our Famous Syrup Sponge

& Birds Custard £4.85

Arctic Roll

Textures of English Strawberries, Clotted Cream Parfait & Lime £5.70

Gateaux of English Cherry & 64% Manjari Chocolate

Yogurt, Caramelised White Chocolate Ice Cream £5.95

Amalfi Lemon Meringue

Limoncello Parfait £5.40

Selection of British Cheeses

Smoked Lincolnshire Poacher, Burt's Blue & Blanche Goats Cheese
served with Classic Accompaniments £6.45

Movenpick Ice-cream

Vanilla, Chocolate, Strawberry, Carmelita or Mint Chocolate

2 Scoop £3.75

3 Scoop £4.95

Gluten Free Desserts Available

Ask about our selection of Dessert Wines & Ports available by the Glass

HOT DRINKS

All Our Coffees can be made with a decaffeinated bean

Coffee	£2.50	Latte	£2.50
Cappuccino	£2.50	Flavoured Latte	£3.00
Espresso	£2.30	Hot Chocolate	£2.50
Hot Chocolate & Preferred Liqueur	£5.50		
Irish / Gaelic Coffee <i>(Irish Whiskey)</i>	£5.50		
Jamaican Coffee <i>(Rum)</i>	£5.50		
Calypso Coffee <i>(Tia Maria)</i>	£5.50		
Caribbean Coffee <i>(Half Tia Maria & Half Rum)</i>	£5.50		

Traditional Breakfast Tea £1.85

Specialty Tea £2.50

Earl Gray; Assam; Pure Peppermint; Pure Camomile; Cranberry & Raspberry, Lemon & Ginger, Pure Green Tea

TREATS

Blackshaw Cream Tea £4.50

Homemade scone with Strawberry Jam and Clotted Cream, served with a tea of your choice.

Fresh Baked Pastry 75p

Freshly Baked Cookie 75p

Please ask for information on Allergens

Check with waiter as some dishes can be modified